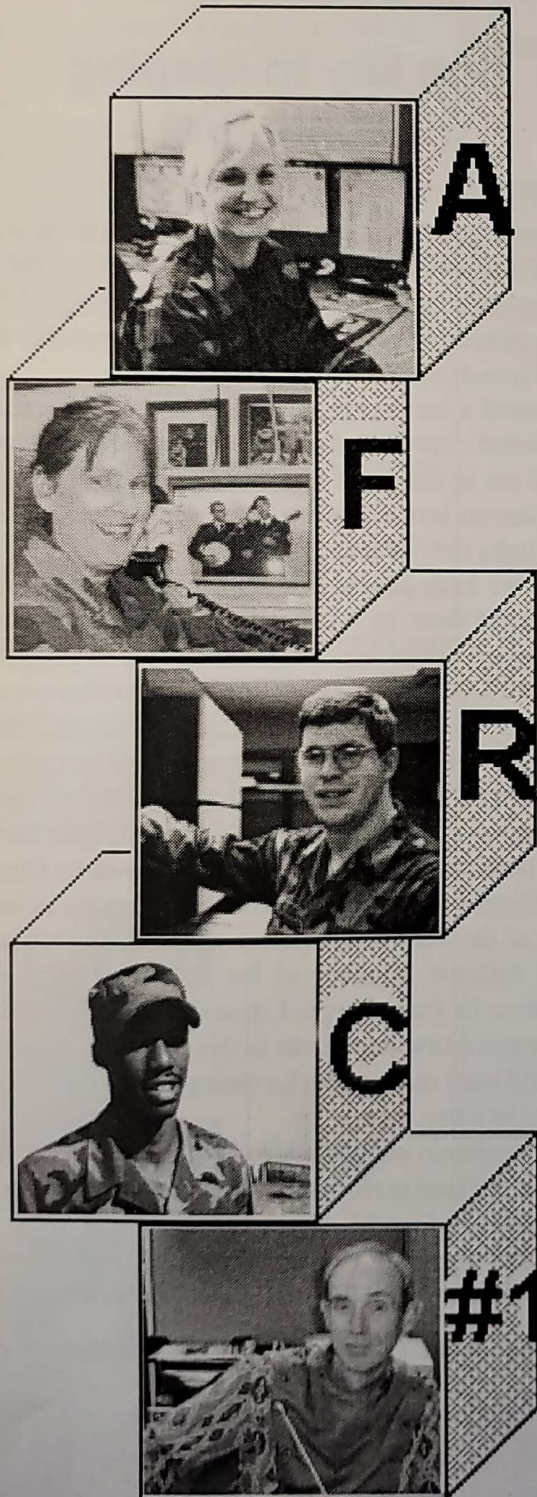


On-final

APRIL 2000

507th Air Refueling Wing - 513th Air Control Group M A G A Z I N E



507th ARW

members

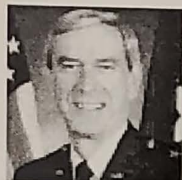
stacking

up

Command

awards

507th ARW Mission: Man, train, equip, and sustain a Reserve force in support of DoD peacetime and wartime taskings.



507th ARW Commander's Column

By Brig. Gen. Jack Gingerich
507th ARW Commander

Focusing on our Wing Performance Plan

As we embark on another chapter with the Expeditionary Aerospace Force, the wing senior leadership is well on the way of deploying our Wing Performance Plan.

The performance plan is the next evolution of our previous process of developing an annual plan.

An annual plan implies a beginning and end linked to a specific time period; *i.e.* 12 months. Our activities are continuous and don't necessarily start and stop on a convenient 12-month cycle. Shifting from an annual plan to a performance plan, we will be focusing more on continuous performance than annual objectives.

This focus will shift more toward mission tasks and measuring mission performance. The performance plan is the cornerstone for managing, tracking, and enhancing performance in the Air Force.

We will be using Mission Essential Tasks (METs) to help us measure our performance in meeting our goals, and our plan now includes a Mission Essential Task List (METL). We used the Air Force Task List and Air Mobility Command Task List to develop the 507th Air Refueling Wing METL.

Our Wing METL, a vital component of our performance plan, is expected to be the keystone for unit inspections, tactical evaluations, operational readiness inspections, and the basis for our day-to-day assessment of how we're doing our job. It is important to utilize the wing performance measures and METL in all aspects of planning, training, executing taskings, and assessing performance.

Each UTC has a list of specific METs and Measures. As each UTC deploys, there should be a documented assessment of performance using the applicable METs and Measures. This continuous performance assessment of individual wing UTCs will, over time, give me the ability to assess the overall readiness of the 507th Air Refueling Wing.



513th ACG Commander's Column

By Col. John Fobian
513th ACG Commander

Awards and Decorations Program

One key to keeping people first

As the year goes on, I continue to see some great projects and daily work efforts coming out of our people in the 513th Air Control Group. I am proud to send our Reserve AWACS folks anywhere in the world. We are a strong unit with a short, but proud history.

We demand a lot out of our people and equipment. Both must be taken care of and protected as national assets. Our personnel are in charge of millions of dollars of equipment and they are no less valuable than the electronics, fuel, and nuts and bolts they oversee.

How do we keep people first? It's really not difficult. We should reward them by recognizing their achievements and the long, tough assignments they handle. We do this with the Awards and Decorations Program. Without these rewards, our people are not competitive in the Promotion Enhancement Program. I encourage commanders and supervisors to use the Airman/NCO/Senior NCO of the Quarter and Year nominations as a form of recognition. For example, the group recently nominated Capt. Teresa Beardslee as its Company Grade Officer of the Year, MSgt. Karen Perkins as its First Sergeant of the Year, TSgt. Lamond Tate as its Outstanding Enlisted Aircrew Member of the Year, and SSgt. Philip Branscum as its Pitsenbarger Lifesaving Award nominee.

Every organization participate in this program. All supervisors should want recognition for their people. Guidelines are out there; let's use them.

We must maintain our professional standards, including taking care of our best performers as we continue through 2000. Keep up the good work!

Recruiting banners, such as these below, can be found on the 507th Air Refueling Wing's official website.



507th Air Refueling Wing

Tinker AFB, Oklahoma

OFF BASE: www-ext.tinker.af.mil/507arw/default.html

ON BASE: www-int.tinker.af.mil/507arw/default.html



**WHAT ARE YOUR TRAVEL
PLANS THIS WEEKEND?**



Volume 20, No. 4

April 2000

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507th Security Forces Sq.- SrA. Donald Cantrell

465th Air Refueling Sq.- Capt. Ken Humphrey

507th Maintenance Sq.- VACANT

513th Air Control Gp.- 2Lt. Mechille Braden

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All photographs are Air Force photographs unless otherwise indicated.

Copy deadline is NOON on UTA Sunday for the next month's edition.

This is your magazine. Take it home with you to share with family, friends, and employers.

On the cover...



What
do
these
folks
have
in
common?

See page 10.



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FEATURE



507th ARW members stack up on AFRC awards.....10

AFRC announced their yearly winners with members of the 507th Communications Flight, 707th Communications Flight, 507th Combat Logistics Support Squadron claiming many of the awards. These awards are testimonies of our units and members on their professionalism and dedication to themselves, their jobs, and our country. Read who claimed and why these high awards were claimed.

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Reserve recruiters educate high school students

By MSgt. Ronald Salafia
507th ARW Recruiting Office, Altus AFB, Okla.

On Feb. 16, while many schools throughout the State of Oklahoma closed down for the statewide Teacher's March, students of Frederick High School in Frederick, Okla. were in school taking the ASVAB test.

This was the first time in years the test was given in this school.

"We have so many tests to give each year, the ASVAB just didn't fit in," said James Redeker, principle of Frederick High School. "This year we didn't have the heavy load of tests, so I wanted to get it back into our school."

Redeker feels that the Armed Forces is a very valuable part of our society and that many of his students could benefit from becoming members of a military service. He and Mrs. Hoover, assistant principle, felt so strongly about this, they set up a Military Career Day to follow the ASVAB.

Each of the service branches were represented by their services' recruiter. We first got to talk to the students in a group

forum in the school's auditorium. We then took turns explaining the common areas of the military's pay, G.I. Bill, vacation time, *etc.* The Army National Guard recruiter and myself got our own section of time since there are major differences between active duty and the part-time services. I was also

able to share a special treat I brought for them. I was the only recruiter to bring members of my branch with me so they could talk, and get answers from two Air Force Reserve members.

When the students were released from the auditorium, they all gathered at our location, then spread out to talk with each of the services. Maybe it was what I said in the auditorium, but the students swamped us at our table and our two reservists were the people the students sought out and talked with. TSgt. Jim Dykens (507

MXS) and SMSgt. Marie Johnson (507 CLSS) put together a wonderful, eye catching, display board that was an added attraction to our table. TSgt. Dykens with MSgt. Debbie Clancy (507 CLSS) and SMSgt. Carol Suggs (465 ARS) shared and explained the Air Force Reserve experience with the juniors and seniors present.

As a recruiter, I was very happy I had these members of Tinker's 507 ARW with me. It can get very crowded in a set up like this and the more help you get the better. "I was glad I was here to help because you could not have talked to all these students yourself," said Suggs.

"I enjoyed sharing my experiences with all the students" said Dykens.

Each of these reservists took their own time to join me at this 3-hour event. They did this because they wanted to meet possible prospects and to let them know about the Air Force Reserve and how it can help them.

I want to encourage each of our reservists in the 507th ARW to contact their local Air Force Reserve Recruiter, volunteer to help at events like this, or Air Shows, College Fairs and Job Expos. With 3-4 people working a table, we can reach a much larger number of people so we can spread the word and help them see how becoming a member of the Air Force Reserve they can go "Above & Beyond."



Photos by SMSgt. Carol Suggs

MSgt. Ron Salafia talks with a student during the day spent at Frederick High School.



Standing next to their display board: TSgt. Jim Dykens, MSgts. Ron Salafia and Debbie Clancy in the auditorium at the high school.

Rodeo 2000:

Full force mobility put into action

By Capt. Susan Idziak
43rd Airlift Wing Public Affairs

Rodeo 2000, Air Mobility Command's premier air mobility competition promises to be the best ever, say Rodeo officials. "It's going to be full-force mobility in action," said Maj. Gen. Si Johnson, this year's Rodeo commander and commander of the Air Mobility Warfare Center at Fort Dix, N.J. "We're talking active duty, Guard, Reserve, and international teams competing to be the best of the best."

From May 6 to 13, more than 80 aircraft representing more than 100 teams from 17 countries will bring in about 3,500 competitors, observers, umpires, and support people to Pope AFB," said Brig. Gen. Jack Gingerich, one of the Rodeo 2000 deputy commanders and the commander of the 507th Air Refueling Wing.

Held at Pope in 1962, the first Rodeo was a combat skills competition designed to develop and improve techniques and procedures while enhancing air mobility operations, and promoting esprit de corps.

With great effort by the men and women on the AMC and Pope staffs, we've built an excellent plan for Rodeo 2000, said Johnson. "Right now, we're staying with the plan and simply making adjustments. We're going over every facet of it - to ensure smooth in- and out-processing of all teams, memorable opening and closing ceremonies, and most importantly, a very safe competition," said Johnson. "Plus, we've also built some 'fun' into the Rodeo plan. We want the competitors to have fun because all work and no play makes for a really dull competition."

"The support at Pope has been unbelievable," said Johnson. "Their efforts are allowing the whole Rodeo team to be absolutely ready to bring together more than 80 airplanes in a confined space, while making sure everything will fly safely. The Pope team members are also busy arranging to beddown visitors comfortably and handling the transportation requirements, in excess of more than 660 vehicles," he said.

"And it's not like the operations tempo is low for Team Pope," said Gingerich, "It's high all the time. Rodeo is just adding to it and Team Pope is stepping forward to the task."

As in past competitions, Rodeo 2000 will not only showcase air mobility forces and the host base, but it will also help to enhance global readiness operations.

"Military forces can't go anywhere without air mobility," said Johnson. "They just can't get there without us. But the lessons and exchanges that will come out of this competition - in tactics, airdrop, and all mobility aspects - we will learn from and be able to improve on them."

"We benchmark off each other and learn processes in real time," he said.

Teams will be competing in areas including airdrop, aerial refueling, aircraft navigation, special tactics, shortfield landings, cargo loading, engine running on/offloads, aeromedical evacuations and security forces operations.

The 507th ARW has a rodeo team selected for this year's event. The team members are:

Operations

Capt. Jerry Malloy, Team Chief; Maj. Curt Stults, Pilot; Maj. John Philebaum, Back Up Pilot; 1st Lt. Jon Cary, CoPilot; MSgt. Rick Erwin, Boom Operator; MSgt. Phil Brand, Boom Operator; MSgt. Kathy Lowman, Admin/Team Clue.

Maintenance

MSgt. Ricky Abbott, Maintenance Team Chief; MSgt. Darryl Murrah, Crew Chief (C/C); TSgt. William Cunha, C/C; TSgt. Dave Herman, C/C; TSgt. Lisa Ortiz, C/C; TSgt. Shad MacFarlane, Maintenance member (MX); TSgt. Dave Swanson, MX; TSgt. Johnnie Baker, MX; SSgt. Michael Evans, MX; .

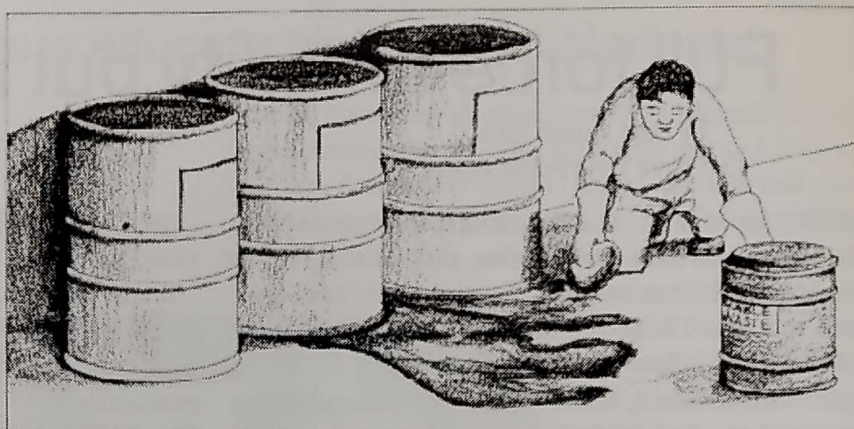
Security Forces

TSgt. Shannon Buhl, Security Forces (SF) Team Leader; SSgt. Bruce Harris, SF; SSgt. John McCosh, SF; A1C Justin Hunter, SF; Sra Brandon Yandell, SF.

Our 507th participants will get the opportunity to actually see how well their team can come together and compete, but that doesn't preclude the folks back home from sharing in the rewards and benefits, said Gingerich.

"Simply preparing for the Rodeo competition brings the entire wing together to focus on 'Here's the team that's representing this wing and the mission this wing does. We're going to support them, help send them off -like going into combat - hope they do well and cheer them on when they return home.'"

Rodeo 2000 fits snugly into the U.S. Air Force's Expeditionary Aerospace Force concept, from both the combat and mobility wing standpoints, said Johnson. "Teams from all over the Total Force are going to get together, deploy, and then do their mission-missions that impact the entire Air Force," said Johnson. "That's what the EAF is all about."



Following safety guidelines and recognizing potential hazards can help YOU prevent fires at your worksite.

Fire prevention

A guide to worksite fire safety

507th ARW Safety Office

Fire can be one of the most devastating of all industrial emergencies. Each year, accidental fires in the workplace cost thousands of people their livelihoods –and for thousands more–their lives. Perhaps the saddest fact of all is that most of these fires could have been prevented. By recognizing fire hazards and learning how to correct them, you can help prevent fires and save lives.

Recognizing Fire Hazards

Industrial fires can be caused by a variety of hazards including unprotected or faulty equipment, unsafe storage of combustible materials, inadequate ventilation, failure to follow established safety guidelines (such as smoking in restricted areas), inattention, human error, and arson.

Fortunately, most of these fire hazards can be recognized (and corrected) by knowing your company's safety procedures and keeping alert to potentially dangerous situations.

Preventing Fire Hazards

You can help prevent fires at your worksite, by following these guidelines:

- Keep equipment and machinery clean and in good operating condition.
- Make sure that all electrical equipment is protected.
- Never overload circuits.
- Store flammable/combustible materials in appropriate containers away from heat sources.

- Keep work and refuse areas clean and free of debris.
- Dispose of flammables according to established safety guidelines.
- Never leave open flames unattended.
- Use caution when operating welding and other spark producing equipment.
- Clean or report all spills.
- Report suspicious persons to security or manager.
- Keep fire exits/escape routes clear and well marked.
- Know where alarm boxes are located.

For more information about fire safety or other safety concerns, contact the 507th ARW Safety Office at Ext. 4-2014.

Department of Defense requires annual dental exams now

By the 507th Medical Squadron

Beginning February, 2001, the Department of Defense (DOD) will require Reservists to receive a dental examination every year as a condition of employment. This is a change from the previous policy of requiring these examinations every three years.

The change in policy stems from recent concerns over the number of Air National Guard and Reserve members who either could not be deployed or had to return from deployments due to dental emergencies. The plan at this time is for members to be examined at their reserve unit every third year, with private dentists providing the examinations for the two intervening years.

"Every member in the 507th will be required to provide documentation showing they received an annual dental examination, including their current dental status," said Maj. Eric Kean, chief of dental services for the 507th Medical Squadron. "By

documentation, I mean a simple form that we will provide each member of the wing. In turn, each member will simply give it to their dentist to fill out and either return it to us directly or have their dentist return it to us."

If dental problems are noted on the form, the member will be responsible for having these problems corrected and assuring the dental squadron receives documentation showing what was done. More serious dental problems may require the member to be examined by a military dentist before they are cleared for deployment.

Dental health standards for the Air Force Reserve Command have not changed.

"Members have always been expected to maintain good dental health. The only change is how we document and enforce the standard," Kean said.

Help support victims of domestic violence

The following list is handy information you can use. Phone numbers are subject to change anytime in the future. For information about these and other programs, feel free to call the 507th Air Refueling Wing Family Readiness Office at 1-800-753-3487 or 734-7963.

The Domestic Violence Victim Assistance Program.....	297-2881
YWCA Shelter for Battered Women & Children...	949-1866
Oklahoma Department of Mental Health SAFELINE.....	271-2444
Third Phase Men's Group (for men with control issues).....	947-4508
Tinker Family Advocacy Program.....	734-4390
— Men's Group	
— Information	
— Education	
— Parenting Classes	
— Individual & Family Therapy (active duty & family members only)	
Victim's Protection Orders	
— Oklahoma County.....	713-2312
— Cleveland County.....	321-6402
Rape Crisis Center.....	943-7273
Project Safe (Shawnee, OK).....	273-9953
National Domestic Violence Hotline.....	1-800-799-7233
District Attorney's Victim/Witness Center.....	713-1639
Women's Resource Center, Inc. (Norman, OK).....	364-9424
Women's Service & Family	

Resource Center (El Reno).....262-4455

Other helpful on-base resources

Family Support Center.....	739-2747
— Financial Assistance	
— Employment	
— Stress Awareness Identification	
— Information & Referral	
Health and Wellness Center.....	734-5505
— Stress Management Classes	
— Substance Outreach Awareness Resource (SORE)	
— Yoga Classes	
— Self Care	
Substance Abuse.....	739-7141
Chaplain.....	734-2111
Mental Health.....	734-4393

Domestic Violence Web Sites

- www.ncadv.org
- www.usdoj.gov/vawo
- http://members.aol.com/calypsoun/dv_abuse.html
- www.domesticviolence.com

NCO Leadership Development Course is for you

Recently, 13 members from the 507th Air Refueling Wing and the 513th Air Control Group graduated from the Air Force Reserve Noncommissioned Officer's Leadership Development Course (NCO LDPC).

Recent graduates are: MSgts James Smith and Tammy Bailey; TSgts Jeff Bynum, Tracy House, Mike Anderson, Donald Shoff, Brett LaRoche, James Porter, and Guadalupe Sada; SSgts Kenneth Daley, J.C. Smith, Marvin Lewis, and Bryan Clayton.

The highlight of this course is the "Team Project" with students working in groups to identify a particular issue that is important to them.

The NCO LDPC provides mid-level enlisted personnel with an academic foundation in basic principles of leadership and quality management as well as training to apply these principles in a military situation.

Also, the NCO LDPC encourages group and team development by participants and establish a network of cooperation between members of the organization.

Another aspect the NCO LDPC is to improve supervision by mid-level supervisors and subsequently, increase retention and improve future readiness.

Graduating students of this two-phase college course are awarded two semester hours of resident academic credit. Central Texas College provides an official transcript.

The Government Credit Card and you

By TSgt. Melba Koch
507th ARW Public Affairs Office

The government credit card is not like any other credit card in your wallet. Its use or misuse can get you in serious trouble with your unit and commander.

At a quick glance, the credit card looks like any other VISA. A closer look gives you the words "For official government travel only," and a government-looking photo on the front.

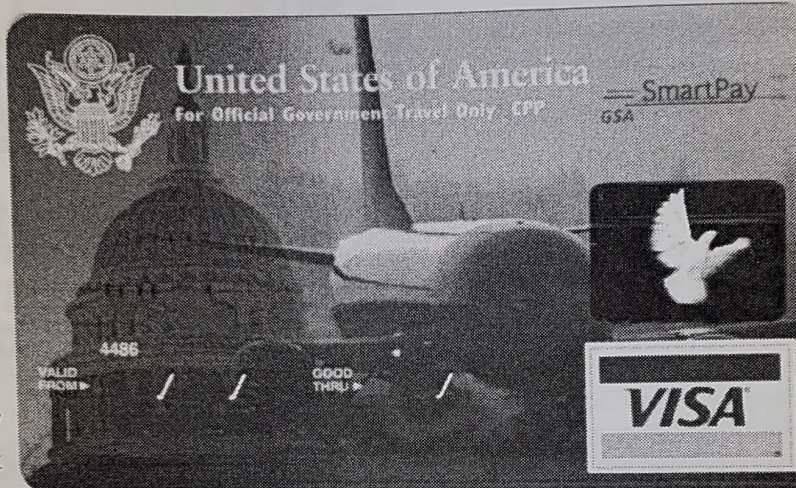
Keep it in a separate part of your wallet, if you keep confusing it with other credit cards.

You are responsible for using the card for the purchase of official travel-related services as specified in the GSA master contract and your agency/organization's specific Task Order. (The contract num-

ber is located on the back of your card.)

It is your responsibility to understand and comply with the definition of authorized purchases and official government travel. No one else has approval to use your card.

Department of Defense travelers are responsible for using this VISA card to purchase only official travel-related services and for paying charges by the statement due date. Mandatory use for purchases for the card has been delayed until May 1. Communications is the key if you are not sure of its usage or need to make payment arrangements. Contact your first sergeant for more information if you need more information.



In Their Own Words from Basic Training

TSgt. Rhonda Nolan,

"I am finally getting used to USAF life. On Monday, we get our name tapes sewn on which makes me official. I can't believe I have been here this long, but the 6th week seems so far away. Take care!"

—A1C Rob Stephens

GET ONE COUPON

From personal knowledge and/or contact, the following individual is interested in information on the Air Force Reserve and desires a personal contact: (please print the following information)

Name _____ Male Female
(Last) (First) (MI) (circle one)

Address _____
(Number) (Street)

(City) (State) (Zip)

Phone Number (____) _____ Date of Birth _____

AIR FORCE RESERVE

ABOVE & BEYOND

FULL-TIME OPPORTUNITIES

The Air Force Reserve is looking for enthusiastic enlisted reservists to become Reserve recruiters. This rewarding career offers a renewable 4-year active-duty tour. In addition to full pay and allowances, you'll also receive \$375 per month in special-duty pay.

For more information

CALL SMSgt. John Bagley
(405) 734-5331

NCO Academy In-Residence

Listed below are the FY NCO Academy In-Residence class dates: A letter of recommendation from your unit commander must be forwarded to 507 MSS/DPMT not later than 60 days prior to class start date:

Class	Quotas	Dates	Location
00-5	1	000522-000629	Tyndall AFB, FL
00-6	1	000731-000907	Tyndall AFB, FL
00-7	1	000918-001026	Tyndall AFB, FL

4AF SENIOR NCO LEADERSHIP DEVELOPMENT COURSE

23-24 September 2000 at Selfridge ANGB, Michigan. Please submit your name to Command Chief Master Sergeant Kellington. All E-7s through E-9s are encouraged to apply.

TUITION ASSISTANCE FOR DISTANCE LEARNING

Reserve members are eligible to apply for Tuition Assistance (TA) for Distance Learning to further their education up to a Bachelor's Degree (members who have a Bachelor's Degree are eligible to pursue a second degree). **The basic enrollment requirements are that, you must:**

- Pay for the course up-front and after satisfactory completion, be reimbursed 75% (tuition only) per course, not to exceed \$1500 per FY.
- Enroll in only 1 course at a time, using the institutions listed in one of the three DANTES catalogs.
- Be a participating member in good standing (no UIF, Article 15, etc.).
- Complete enrollment form and have unit commander's approval.

For more information contact CMSgt. Epps in the MPF Education & Training Office at 734-7075.

FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or the College-Level Examinations Program (CLEP) tests FREE! The DSST and CLEP programs consist of a series of examinations that test college-level knowledge you may have gained through your job, reading, travel, or hobbies. Combined, the programs offer you more than 85 ways to get college credit. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test by test date. Some tests are stocked while others must be ordered. **For more information contact CMSgt. Epps in the MPF Education & Training Office at 734-7075. The 2000 Edition CLEP and DANTES Study Guides are in.**

TINKER AFB Airman Leadership School (ALS)

Reservists have now been provided the opportunity to attend the Tinker AFB Airman Leadership School (ALS). The purpose of the school is to (1) Prepare SrA to become effective supervisors (2) Modify SrA's values to appreciate the Profession of Arms (3) Develop SrA's knowledge of Leadership, Followership, Communication, and Team Development. The course length is 24 academic days/189 hours. Students will be awarded 8 semester hours through CCAF upon completion of ALS. You must have 48 months time in service. This course requires a great deal of commitment on the part of individuals selected - time away from job and study. Interested individuals should contact their unit training manager or MSgt. Cain in wing training.

00F

00G

9 Jun - 13 Jul 00

18 Aug - 21 Sep 00

HOT TOPICS :

✓ CDC Testing is accomplished at 0750 on Sundays of the (main) UTA. You do not have to schedule it, just be there NLT 0750 at Bldg 460 (the active duty HQ), Room 213. You need to enter through the South East corner door. If you cannot make it, our Education office also tests on Wednesdays at 0800 and 1300. You DO need to schedule this one 24 hours in advance. Important note: If you are retaking a test, make sure you bring the Commander's evaluation/authorization letter with you or you will not be able to test.

If you are testing for Course 5A, please call DPMT at extension 47075 at least two days prior to the UTA.

✓ EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL Transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

✓ Pass and ID Hours of Operation: 1200-1600 on Saturdays of the UTA.

✓ IEU OPEN FROM 1200-1500 ON SATURDAY OF THE MAIN UTA.

Professional Military Education (PME) Extensions must be submitted on ECI Form 17! Call DPMT, x47075 for assistance.

FY2000/2001 UTA Schedule

06-07 May 00	04-05 Nov 00
03-04 Jun 00	02-03 Dec 00
15-16 Jul 00	06-07 Jan 01
05-06 Aug 00	03-04 Feb 01
09-10 Sep 00	03-04 Mar 01
14-15 Oct 00	07-08 Apr 01

as of 14 Mar 2000

Fri, 31 Mar 2000

1300	Pre-UTA Cmdr Staff Mtg	Bldg 1043, CC Conf Room
1430	Pre-UTA First Sgts Mtg	Bldg 1043, TNET Room
1600	Top 3 Council	Bldg 1030, CLSS Conf Room

Sat, 01 Apr 2000

As Designated by Unit	Sign In	As Designated by Unit
0730-0930	Newcomers In-Processing	Bldg 1030, Classroom 1
0730-0900	Wing Training Office Closed	Bldg 1043, Room 206
0900	6 Month Contact Mtg	Bldg 1043, CC Conf Room
0900-1000	3A0X1 Info Mgmt Tng	To Be Determined
1000-1130	Newcomers Orientation	Bldg 1030, Classroom 1
1000	Mobility Rep Meeting	Bldg 1043, TNET Room
1030	First Sgts Meeting	Bldg 1043, CC Conf Room
1330-1630	Newcomers Ancillary Tng Ph I	Bldg 1030, Classroom 1
1300-1400	Adverse Actions Mtg	Bldg 1043, General's Office
1400-1500	Training Managers Mtg	Bldg 1043, CC Conf Room
1400-1500	IG period w/Lt. Col. Collins	Bldg 1043, Room 101
As Designated by Unit	Sign Out	As Designated by Unit

Sun, 02 Apr 2000

As Designated by Unit	Sign In	As Designated by Unit
0730-0800	Protestant Chapel Service	Bldg 1030, Classroom 2
0730-0800	Catholic Chapel Service	Bldg 1043, TNET Room
0730-0930	MPF Closed for In-House Tng	Bldg 1043
0730-1030	Newcomers Ancillary Tng Ph II	Bldg 1030, Classroom 1
0815-1115	Supervisor Safety Tng	Bldg 1030, Classroom 2
0750-1115	<u>CDC/PME Course Exams</u>	<u>Bldg 460, Room 213</u>
0830-0930	Enlisted Advisory Council	Bldg 1043, CC Conf Room
0900-1000	3A0X1 Info Mgmt Tng	To Be Determined
1000-1200	HRDC Meeting	Bldg 1043, CC Conf Room
1030-1130	Top 3 Meeting	AWACS Auditorium
1045	Escorts pick-up Newcomers	Bldg 1030, Classroom 1
1100-1300	"CGOLD"	To Be Determined
1230-1630	EO 2000 Training	Bldg 1030, Classroom 1
1300	SORTS/Post UTA Mtg	Bldg 1043, CC Conf Room
1500	Fly Safety Mtg	OPS Briefing Room
As Designated by Unit	Sign Out	As Designated by Unit

Fri, 05 May 2000

1300	Pre-UTA Cmdr Staff Mtg	Bldg 1043, CC Conf Room
1430	Pre-UTA First Sgts Mtg	Bldg 1043, TNET Room
1600	Top 3 Council	Bldg 1030, CLSS Conf Room

Sat, 06 May 2000

As Designated by Unit	Sign In	As Designated by Unit
0730-0930	Newcomers In-Processing	Bldg 1030, Classroom 1
0730-0900	Wing Training Office Closed	Bldg 1043, Room 206
0900	6 Month Contact Mtg	Bldg 1043, CC Conf Room
0900-1000	3A0X1 Info Mgmt Tng	To Be Determined
1000-1130	Newcomers Orientation	Bldg 1030, Classroom 1
1000	Mobility Rep Meeting	Bldg 1043, TNET Room
1030	First Sgts Meeting	Bldg 1043, CC Conf Room
1330-1630	Newcomers Ancillary Tng Ph I	Bldg 1030, Classroom 1
1300-1400	Adverse Actions Mtg	Bldg 1043, General's Office
1400-1500	Training Managers Mtg	Bldg 1043, CC Conf Room
1400-1500	IG period w/Lt. Col. Collins	Bldg 1043, Room 101
As Designated by Unit	Sign Out	As Designated by Unit

Sun, 07 May 2000

As Designated by Unit	Sign In	As Designated by Unit
0730-0800	Protestant Chapel Service	Bldg 1030, Classroom 2
0730-0800	Catholic Chapel Service	Bldg 1043, TNET Room
0730-0930	MPF Closed for In-House Tng	Bldg 1043
0730-1030	Newcomers Ancillary Tng Ph II	Bldg 1030, Classroom 1
0815-1115	Unit Safety Rep Meeting	Bldg 1030, Classroom 2
0750-1115	<u>CDC/PME Course Exams</u>	<u>Bldg 460, Room 213</u>
0830-0930	Enlisted Advisory Council	Bldg 1043, CC Conf Room
0900-1000	3A0X1 Info Mgmt Tng	To Be Determined
1030-1130	Top 3 Meeting	AWACS Auditorium
1045	Escorts pick-up Newcomers	Bldg 1030, Classroom 1
1100-1300	"CGOLD"	To Be Determined
1230-1630	EO 2000 Training	Bldg 1030, Classroom 1
1300	SORTS/Post UTA Mtg	Bldg 1043, CC Conf Room
1500	Fly Safety Mtg	OPS Briefing Room
As Designated by Unit	Sign Out	As Designated by Unit

EDUCATION

Air Force Reserve members wishing to take the ACT, SAT I, RCEP, GRE, GMAT, PRAXIS, or LSAT contact **CMSgt. Epps** in the MPF Education & Training Office at 734-7075.

OFFICER PME, JOLDS OR ANY SPECIAL OFFICER COURSES

Contact **MSgt. Dennis Cain** at 734-7075

Record of Emergency Data (DD Form 93)

This is the single most important source of information within your personnel record for dependent data and notification of next-of-kin in an emergency. If data is incomplete or incorrect, the Air Force cannot extend dependent benefits, nor can proper and timely notification be made in the event you become injured or die on duty. You are the only one who can update this record. If any information is in error or out of date, see the people in the MPF Customer Svc Office.

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted **monthly** in Bldg 1030, Classroom 1 (Room 217). **Unit training managers are responsible for ensuring their new personnel are scheduled to attend** within 90 days of their first UTA. If you have any questions, contact the MPF Education & Training Office at 734-7075.

Phase I

	Time	Subject	OPR
Saturday	1330-1400	Security Awareness (C4 SATE)	CF
Saturday	1400-1500	Drug and Alcohol	SG
Saturday	1500-1530	Local Conditions-Traffic	SE
Saturday	1530-1630	Human Relations	SA

Phase II

Sunday	0730-0800	Base Populace	CEX
Sunday	0800-0930	UCMJ/Ethics	JA
Sunday	0930-0945	IG Briefing	IG
Sunday	0945-1045	Counter Intel/Protection from Terrorism	SP

BAQ Recertification Deadlines

If your SSAN ends with a 4 or 9 you have until 30 Apr 2000 to recertify your BAQ or have it terminated. Please see your Unit BAQ monitor to complete the AF Form 987. 507th Pay sends the list to Unit BAQ Monitors who must return the list complete with all recertifications to the Military Pay Section. **NOTE: If you don't have dependents, you do not need to recertify.**

Military Pay

File for pay by:	Receive Direct Deposit by:
04 Apr	12 Apr
11 Apr	19 Apr
13 Apr	21 Apr
17 Apr	26 Apr
25 Apr	03 May
27 Apr	05 May
02 May	10 May
04 May	12 May
11 May	19 May
16 May	24 May
18 May	26 May
25 May	02 Jun
30 May	07 Jun

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0800 on Sunday of the UTA in Bldg 1030, Classroom 1.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0800 on Sunday of the UTA in Bldg 1030, Classroom 1.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-4460. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

This publication is brought to you by your friendly MPF Education and Training staff. If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Bldg 1043, Room 206.

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MAY 2000						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
507 MSS/SV backfill for 72 ND services 1	2	507 ARW/CC Staff Meeting 3	4	465 ARS Mission To Key West FL 5-22 May AGS RDO 5	707 CF - A.T. (4) Cannon AFB UCI/ORI Support 6-20 May • DPMT in house Training • MPF in house Training 0730-0930 MOBEX Aviation Package UTA 6	UTA 7
707 CF - A.T. (4) Cannon AFB UCI/ORI Support 6-20 May				CES Off UTA		
8	9	507 ARW/CC Staff Meeting 10	11	12	13	14
513 ACG - Maple Flag		?	Tinker Management Association Lunch		507 CLSS Pre-UTA	
CES bivouac scheduled for 14-20 May 2000 off station on an annual tour to Ft Smith, AR						
507 CLSS B-52 Team Annual Tour, Barksdale AFB 13-27 May						
707 CF - A.T. (4) Cannon AFB UCI/ORI Support 6-20 May						
15	16	507 ARW/CC Staff Meeting 17	18	AGS RDO 19	507 MSS/SV Medical Training Site Sheppard AFB - 2 members 20 May - 19 Sep 20	21
507 MSS/SV Medical Training Site Sheppard AFB - 2 members 20 May - 19 Sep						
507 CLSS B-52 Team Annual Tour, Barksdale AFB 13-27 May						
22	23	507 ARW/CC Staff Meeting 24	25	26	27	28
507 MSS/SV Medical Training Site Sheppard AFB - 2 members 20 May - 19 Sep						
72 APS A/T Elmendorf AK 27 May - 10 Jun						
Memoria 1 Day 29	30	507 ARW/CC Staff Meeting 31				

Commander's Coin recipients for March

507th Commander' Coins are presented monthly to unit members demonstrating dedication to the Air Force Core Values of Integrity First, Service Before Self, and Excellence in All We Do. The following individuals received coins in March.

TSgt. Mikula Gay, 507th Maintenance Squadron

"Sergeant Gay is a Management Assistant for the Maintenance Squadron, but is also a UTAPS Monitor. On Saturday morning our Unit experienced difficulties in running the UTAPS System which records drill attendance and enables Reservists to receive pay. When I told Sergeant Gay of the problem she immediately assisted and corrected our problem. She displayed exceptional knowledge and expertise." — Maj. Harold Collins, 707th Communications Flight Commander

SSgt. Shelly Elliott, 507th Mission Support Squadron

"Sergeant Elliott demonstrated outstanding performance in her Self-Aid and Buddy Care additional duties. During recent off-duty time, she completely revised the class, updating the training aids and audiovisual material. During the January and March drills, she professionally instructed members from two other units besides her own. She also completed a list of items needed for first aid kits, necessary for the unit's mobile kitchen and the Services office. Her extra efforts will help assure the continued safety of our members, and provide for exceptional ancillary training." — Maj. Mike Miller, 507th Mission Support Squadron Commander

TSgt. Crystal Stiltner, 507th Command Post.

"Sergeant Stiltner lives in Gowen, Oklahoma, and has made the trip many times to support the demanding 507th Command Post mission. She can be relied on to get the job done right the first time. She sets an exemplary example for her peers to follow in every aspect of her life." — CMSgt. Robert Kellington, 507th ARW Command Chief Master Sergeant

MSgt. Lane Jones, 507th Mission Support Squadron Personnel Office

"I gave my coin to Sergeant Jones because every time I visit personnel section, I see her going the extra yard to help people with their personnel issues. Her personal effort is to be commended." — Col. Mario Goico, 507th ARW Vice Commander

MSgt. Andy May, 507th Mission Support Squadron

"Sergeant May recently transferred from the 507th Civil Engineer Squadron to the 507th MSS. While with the 507th CES, he worked countless mandays over the past several years in support of key squadron supply and equipment functions. As an expert carpenter, he's definitely left his mark campus-wide, completing numerous squadron and Wing construction projects." — Maj. Renee Lane, 507th CES Commander

MSgt. Debora Tilschner, 507th Operations Support Flight

"Sergeant Tilschner is simply outstanding. As one of my experienced Flight Ops Managers, she helps ensure a smooth and safe flying operation everyday. She is responsible for the flight pay and accuracy of flying records for over 40 aircrew members. She is a superb NCO, and also helped ensure the recent visit to our squadron by Air Force Reserve Command Commander, Maj. Gen. James Sherrard, was a complete success." — Lt. Col. James Jackson, 465th Air Refueling Squadron Commander

April 2000

AFRC News Summary

This summary is intended to give the reader a brief look at some Air Force Reserve issues and recent events.

Education incentives target recruiting, retention

ROBINS AIR FORCE BASE, Ga. - In effort to stimulate recruiting and retention, Air Force Reserve Command plans to offer two new education incentive programs to unit program reservists and individual mobilization augmentees.

The programs are the Montgomery G.I. Bill-Selected Reserve "Kicker" program and a full tuition assistance program. Officials from the Office of Air Force Reserve in the Pentagon, Headquarters AFRC at Robins AFB and Headquarters Air Reserve Personnel Center in Denver are working on the programs and plan to start them later this fiscal year. Implementation depends on the availability of FY 2000 funding.

Technology makes Air Force Reserve F-16 deadlier

FORT WORTH, Texas - Air Force Reserve Command F-16 fighter aircraft have always had the capability to be armed and dangerous. They are even more lethal with the addition of the Litening II Precision Attack Targeting System.

The 301st Fighter Wing from Naval Air Station Joint Reserve Base Fort Worth accepted delivery of the first four Litening II targeting pods in late February.

The pods provide F-16 Fighting Falcon aircraft with the most technologically advanced, precision-strike capability. Pilots are able to identify targets at long-range and drop extremely accurate, laser-guided weapons in a variety of environments.

Reservists help keep Rhein-Main in good repair

YOUNGSTOWN AIR RESERVE STATION, Ohio - Since the drawdown of the active-duty civil engineer squadron at Rhein-Main Air Base, Germany, a backlog of work orders has occurred across the installation. Twenty-six members of Youngstown's 910th Civil Engineer Squadron deployed on annual tour there from March 4-19 to perform duties that had fallen behind.

"This is an excellent opportunity for our people to receive Air Force specialty code-specific training," said Maj. Chris L. Kenny, 910th CES mission commander.

A local contractor is now responsible for work orders at the base. Through an agreement with Air Force Reserve Command, teams of Reserve civil engineer squadrons are rotated through the base to help the contractors with the backlog.



2Lt. Jody Velasco



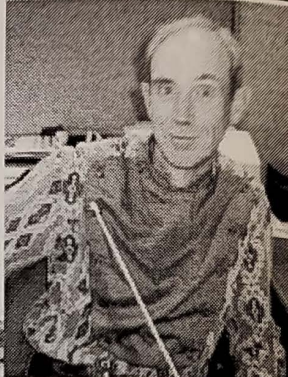
TSgt. Kathy Randolph



SSgt. Brian Wilson



SrA Derek Wilson



James Holland

507th ARW members stack up on AFRC awards

2Lt. Jodi Velasco, 507th Combat Logistics Support Squadron (CLSS) officer in charge of the CLSS's Distribution Flight, took AFRC's Outstanding Supply/Fuels Personnel of the Year.

She is responsible for 42 personnel in supply and transportation career fields. According to Maj. Donald Harlan, 507th CLSS commander, she ensures that CIM Rapid Area Distribution Support (RADS) and Combat Packaging Teams are ready to deploy in support of wartime tasking requirements.

She masterfully orchestrated three 1999 annual training deployments for members in the Distribution Flight and personally visited all three locations. She also coordinated the Distribution Flight's support of contingency operations with the 86th Supply Squadron, Ramstein AB, Germany, and the 51st Supply Squadron, Osan AB, Korea, June 12 - 26. Among other accomplishments, Velasco coordinated the Distribution Flight's support of 437th Supply Squadron, Charleston AFB, S.C., June 5 - 19.

Harlan said Velasco led the way with her section becoming one of the first in the 507th ARW to receive the Anthrax vaccination due to supporting operations in Korea. She performed site surveys in August at two locations for coordination of Fiscal Year 2000 annual tours at Hickam AFB, Hawaii, and Moron AB, Spain. She established points of contact for support of Pacific Air Force and Air National Guard regional supply operations at Hickam AFB. She also established points of contact for transportation training at Contingency Operation Base, Moron AB, Spain, and for supply training with Air Mobility Support Squadron at NS Rota, Spain. She developed a comprehensive Year 2000 annual training plan at five separate bases in response to A-76 contracting out of base supply functions at Tinker AFB Okla., and she assisted in the development of a new reserve training Memorandum

of Agreement between the 507th CLSS, 72 Air Base Wing, and Defense Distribution Depot, Oklahoma City, for training at home station.

Velasco also assisted in site visits and development of Military Operating Areas (MOA) with Air National Guard units at Will Rogers World Airport, Okla., and at Tulsa, Okla., in support of 507th CLSS and the Logistics Support Squadron (LSS) supply training.

TSgt. Mary K. Randolph, 507th ARW's Family Readiness Office, took the Outstanding AFRC Communication and Information Professional of the Year award in the NCO category for information manager.

She is a rising star of unlimited potential according to Maj. Michael Miller, commander of the 507th Mission Support Squadron, and also said Randolph is a professional, poised, mature, and dedicated information manager.

She is an integral part of 507th Communications Flight (CF) who makes significant contributions to the command and wing. She managed the transition of the wing publications program to the Electronic Transaction Program and trained customers with step-by-step procedures on researching the database and ordering publications.

She directly supported the flight chief in organizing a joint communications and information bivouac for members of the 507th CF (AMC), 707th Communications Flight (ACC), and sister flight, the 916th CF (AMC), Seymour Johnson AFB, N.C., which resulted in all flight personnel receiving excellent training on establishing and maintaining critical voice and electronic support.

She also attended field classroom training on networking/help desk functions and briefings on Air Force Reserve Command initiatives *i.e.* Workgroup Management, Defense Messaging

System, Computer Based Training, and the Electronic Transaction System. Randolph was eager to develop skills directly responsible for coordinating arrangements for flight members to reenlist in field among their peers.

She also volunteered to fill Air Expeditionary Force (AEF) overseas postal tasking 6 months prior to deployment and assisted the wing in organizing disaster relief efforts when an F5 tornado struck the local community during the evening leaving thousands homeless. With her help, the wing's main hangar was setup within minutes for hundreds of displaced community families and also helped to set up a first aid station to treat the injured. She also volunteered on personal time to procure water, food, blankets, clothing, pet food, and toys for children.

Randolph is now assigned full-time to the 507th Air Refueling Wing's Family Readiness Office to answer telephone inquiries and provide support.

She also created database of storm victims and their relatives in the hangar to coordinate financial aid from base family support agencies. Randolph notified relatives of their current location and maintained a log of events and distributed checks to families in the community and among reserve members affected by the tornado.

Randolph provided administrative support only a few days after the tornado, to the 513th Air Control Group (ACC) with 219 reservists activated for the Kosovo operation. She assisted in organizing deployment briefings. Among other accomplishments, she excels in her ability to remain informed and knowledgeable of vital communications and information issues.

SSgt. Brian E Wilson, communications computer systems operator for the 507th Communications Flight (CF), took the Outstanding AFRC Communications and Information Professional of the Year Award in the NCO category for communications computers.

He is known as an extraordinary and gifted NCO who has proven to be an excellent technician with valuable skills, according to Maj. Micheal Miller.

He is an integral part of the 507th CF who makes significant contributions to the command and wing. He is also a resident expert behind the flight's success. Wilson eagerly shares skills and talents with peers in the wing and is a proactive member of Air Reserve Component Advance Communications Element that support two missions: flying squadron initial communications, and maintenance support for mission critical computer resources *i.e.* the Air Force Mission Support System and the Command and Control Information Processing System.

He takes advantage of every opportunity to improve technical level of expertise, he performs his annual tour with active duty and reserve wing's Initial Communications Packages.

He is assigned to base network control center and received valuable hands-on training configuring computer terminals and hosts for connectivity to the existing backbone through a deployed data network interface. Among other accomplishments, Wilson trained and educated customers on proper troubleshooting procedures while working help desk which significantly reduced service calls.

He is proactive in ensuring customer satisfaction is a number one priority. Wilson also accomplished Computer Based Training courses on Local Area Network and Networking. He assisted the team chief in managing the self-inspection program and updated deployable communication checklists. He also volunteered to fill Air Expeditionary Force (AEF) network operator tasking 6 months prior to deployment.

SrA Derek L. Wilson, communications computer systems operator for the 507th Communications Flight (CF), took the Outstanding AFRC Communications and Information Professional of the Year Award in the Airman Category for communications computers.

According to Maj. Michael Miller, Wilson is one of the finest airmen in the Air Force who has emerged as a premier and elite top performer. He is an integral part of the 507th CF who makes significant contributions to the command and wing. Wilson is also a proactive member of Air Reserve Component Advance Communications Element which supports two missions: flying squadron initial communications, and maintenance support mission critical computer resources *i.e.* the Air Force Mission Support System and the Command and Control Information Processing System. He takes advantage of every opportunity to improve technical level of expertise. Wilson also performed annual tour with active duty and reserve Wing Initial Communication Packages.

Wilson takes pride in always doing the best job possible in supporting the flight mission. He has coordinated with the Base Education Office on using the training facilities and office automation resources. He also instructed five 2 day Web Page Development Courses training 55 military and civilian personnel. Wilson also wrote an excellent web page lessons plan and informative and an Information Security/Protection Course briefing.

He also allocated web page training quotas for other wings/groups *i.e.* McConnell AFB, Kansas.

Wilson performed temporary duty to the 934th CF, Minneapolis, MN., to conduct successful two day training class and directly supported the flight chief in organizing joint communications and information bivouac for the 507th CF (AMC), 707th CF (ACC), and sister flight, the 916th CF (AMC), Seymour Johnson AFB, N.C. which resulted in all flight personnel receiving excellent training on establishing and maintaining critical voice and electronic support.

He also demonstrated precision teamwork and outstanding technical knowledge of career field with hands-on training, of network configuration, troubleshooting PC's, LAN Installation, and telecommunications while conducting field classroom training for wing information managers and workgroup managers on networking/help desk functions.

Wilson excels in ability to remain informed and knowledgeable of vital communications and information issues and has been commended by functional supervisors on outstanding support in troubleshooting computers assigned to wing headquarters functional areas.

James Holland, 507th Communications Flight, took the Outstanding AFRC Communications and Information Professional of the Year Award in the Junior Civilian Category.

He is an outstanding civil servant who demonstrates unfailing diligence and shows job-aggressiveness and total dedication to excellence according to Maj. Michael Miller.

He is an integral part of the 507th Communications Flight who makes significant contributions to the command and wing and is a true professional with an excellent positive attitude meeting all challenges with success.

He has supervised the transition of the wing publications program to the Electronic Transaction System (ETS) and trained customers with step-by-step procedures on researching the database and ordering publications. Holland also has coordinated with Air Force Publication Distribution Office and obtained new accounts for customers.

He operates a highly efficient mailroom for wing customers and ensures official mail is immediately processed.

He has arranged for Headquarters Air Force Materiel Command Postal Readiness Team to provide wing briefings on bomb threat procedures. Holland is also a major contributing factor in the operation and success of the wing electronic message distribution system. He has established and enforced strict controls for ensuring routine and immediate messages are routed in a timely manner.

He also has processed 36,000 messages to staff offices during day-to-day operations and exercises. He represented the wing at the DMS conference and brought valuable knowledge to customers in the wing's squadrons.

Holland also instructed five 2 day Web Page Development Courses helping to train fifty-five military and civilian personnel and helped on coordinating with the Base Education office on use of training facilities, and office automation resources.

He demonstrates excellent ability to communicate his thoughts, both verbally and in writing. As Information Systems instructor, he is responsible for training all assigned information managers and workgroup managers.

Holland excels in ability to remain informed and knowledge-

able of vital communications and information issues and is a proactive member of Communications Systems Review Board to facilitate wing communication issues. He also represented the wing at the Air Force Technology Conference and brought valuable knowledge to customers and upgraded new versions of applications software and anti-virus software on all PC's assigned to his flight. Holland exceeds highest expectations for performance and stands above his peers with a positive attitude.

The 707th Communications Flight (CF) was recognized by Headquarters Air Force Reserve Command (AFRC) and took the AFRC Communications and Information Professionalism Award in the Organizational Category for outstanding performance during 1999.

According to Maj. Harold Collins, 707th CF commander, the flight supported the parent wing, the 507th Air Refueling Wing with communication and computer support and acted as the single-source for purchasing, installing, managing and maintaining a communications inventory for the wing that included over 200 Land Mobile Radios, 25 cellular telephones, 60 pagers, and 12 ground-based radio systems, including round-to-air and long-haul radios.

The 707th CF provided outstanding and dedicated support to parent wing and other Air Force organizations. Flight members managed the wing's radio frequency program which included 11 frequencies that supported day-to-day aircraft maintenance activities and critical command and control functions.

Also, the 707th CF supplied manpower necessary to sustain the wing's communications and computer operations during Unit Training Assemblies, contingencies, and special projects. The flight provided qualified personnel to operate the wing's Network Help Desk on UTAS, augmenting civilian network personnel and thus increasing customer response time and satisfaction by several fold.

Reservists took over the receiving, setup, deployment, and disposal of all desktop and deployable computer systems, processing over 200 systems during the year valued at over \$400,000. The unit provided trained technicians to provide "self-help" installations of network connections for the wing including Local Area Network drops and hubs which saved the wing over \$13,000 versus using contractors.

Among many other accomplishments, members of the flight managed Information Assurance duties for the wing, providing computer security training during Unit Training Assemblies ensuring 100 percent of newly arrived personnel were trained within the prescribed time.

Snapshot

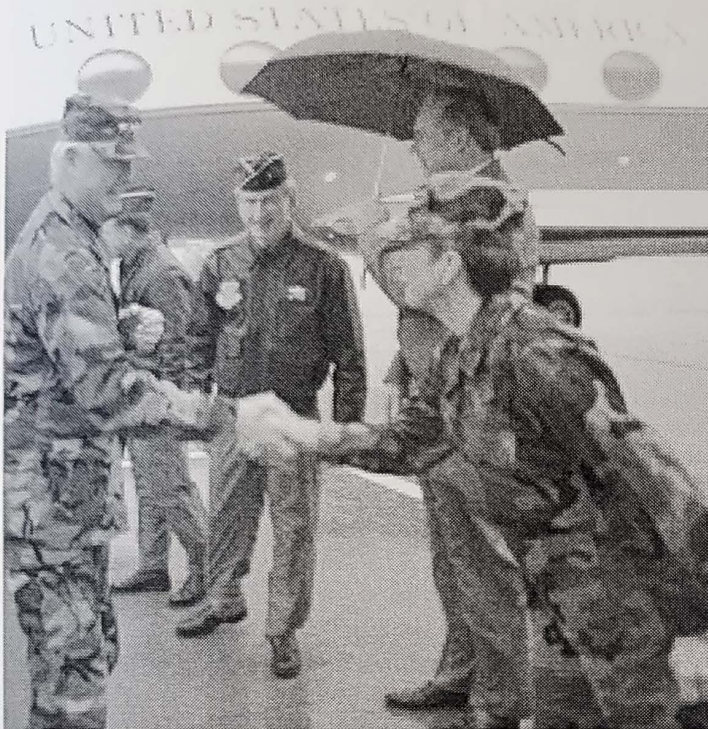


Photo by 2Lt. Stan Paregien



Photo by TSgt. Mitch Chandran

(PhotoTop left and above) Gen. Michael Ryan, Chief of Staff of the Air Force, visited Tinker AFB and the 507th ARW on Mar. 2. Brig. Gen. Jack Gingerich hosted Gen. Ryan during the 507th ARW's Senior Leadership Committee meeting, explaining how the Air Force Reserve uses the quality planning process to steer organizational future goals. Gen. Ryan asked for a copy of the wing's annual planning process. Later in the day he met with Col. John Fobian, commander of the 513th ACG, to discuss the AWACS associate program and cooperative efforts here.



Photo by TSgt. Ty Yoshida

Brig. Gen. Jack Gingerich, commander of the 507th Air Refueling Wing, welcomes Maj. Gen. James Sherrard, III, commander of the Air Force Reserve Command, as he steps off the aircraft to visit with 507th Air Refueling Wing (ARW) and 513th Air Control (ACG) Group members during the March Unit Training Assembly weekend.

April 2000



MSgt. Jason Yocum receives the AFRC Training Manager Award with Brig. Gen. Jack Gingerich presenting the award.

Start early for SWA deployment

Story and Photos by TSgt. Ty Yoshida
507th ARW Public Affairs Office

You've read and understand the benefits of the Expeditionary Aerospace Force: knowing months in advance of your upcoming deployment. But months in advance in Air Force Reserve time may only be six days - a few UTA weekends.

That's not much time to complete those deployment checklist items, especially if it's a first time deployment to Southwest Asia. There are three Southwest Asia-unique checklist items that shouldn't be delayed - the anthrax vaccination, a gas mask fit test, and readying one's desert uniforms.

For now, only those reservists who deploy to high-threat locations receive the anthrax vaccination under current policy. The complete vaccination series, once begun, includes six shots given throughout an 18-month period.

Since the first three shots are required once every two weeks, reservists must plan on coming out to the clinic to keep on schedule, otherwise they'll have to start the series over.

The threat from chemical or biological attack is real. Wing members are issued their own gas masks. So it makes sense to have a mask that fits properly. Wing members need to schedule with Disaster Preparedness for a gas mask fit test.

For the gas mask fit test, a hose is connected to the gas mask's water intake tube and a device called an M41 PATS (the commercial variant Porta-Count). The gas mask wearer then follows a series of head and facial movements, and breathing instructions displayed on a computer monitor as the device measures for face-seal leakage.

"The device is extremely sensitive," said MSgt. Doris Hill, disaster preparedness technician for the 507th Civil Engineer Squadron. "We ask that airmen coming to have their masks tested not wear fragrances (after shave, cologne, etc.) nor smoke at least two hours before coming to test." According to Hill, the measuring device could misinterpret the odors as leakage.

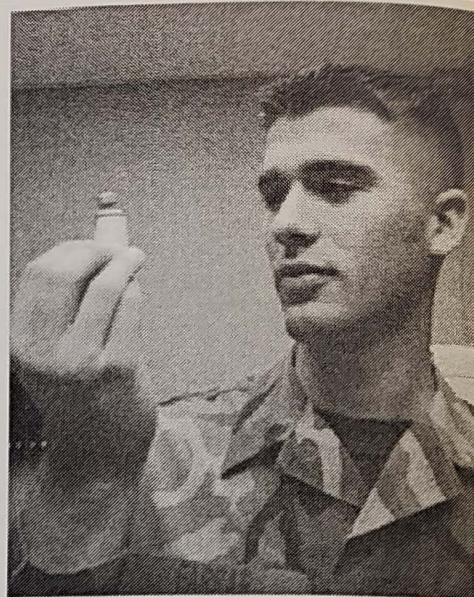
Wing members need to get their desert ensemble on order right away because once received, there is still work the member must accomplish.

The desert ensemble includes three shirts, three trousers, a field jacket, a pair of desert boots, a desert cap, a desert camouflage cover for the helmet, and a set of goggles with sun visor.

Wing members will have to obtain rank insignias, and their name and USAF tapes, and get all of them sewn onto the shirts and jacket.

The uniforms will also need a cleaning. After all, what kind of impression would one make arriving with a dirty uniform after having had months to prepare.

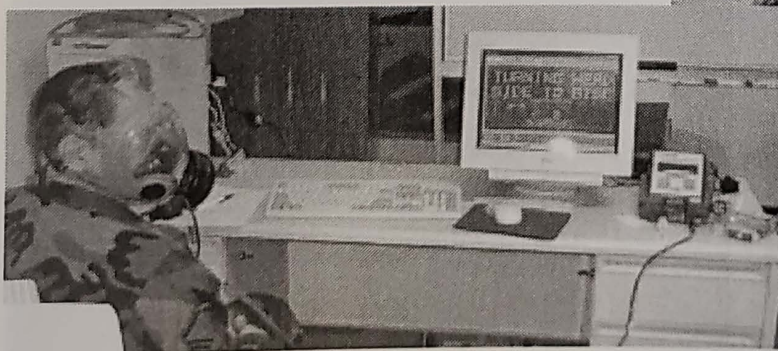
(Editor's note: This is the first in a series of articles by TSgt. Yoshida related to his deployment to SWA as part of AEF 5.)



Sizing up a vial of anthrax vaccine is A1C Raymond Farrar of the 507th Medical Squadron. Immunization from anthrax begins with a series of three shots with one shot taken every two weeks.



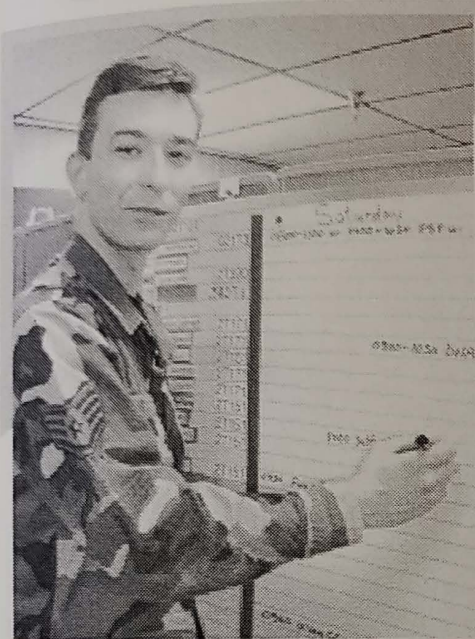
Before deploying to Southwest Asia, a mandatory checklist item is the gas mask fit test. The computer program instructs a series of breathing and head movements while the protection assessment test instrument measures for face-seal leakage.



Update

The following questions were asked of members of the 507th Air Refueling Wing who have recently returned from an AEF rotation:

Where did you go? What did you do? How did it go?



SSgt. Jeffrey Nash

507th Logistics Support Squadron

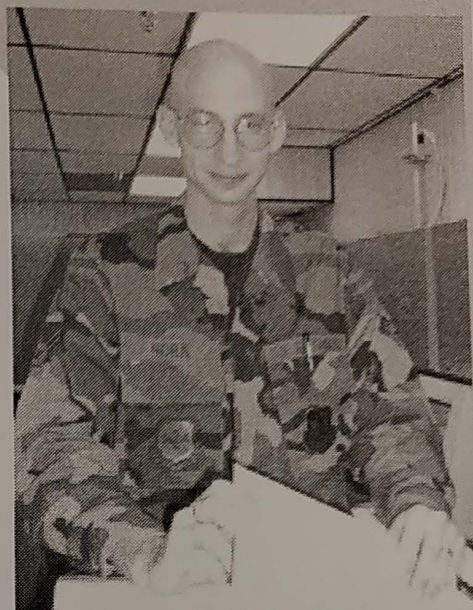
"We worked hard setting up vehicle operations at Moron, Spain in February. The work was very satisfying."



MSgt. Doris Hill

507th Civil Engineer Squadron

"I served two rotations at Prince Sultan AB in Saudi Arabia last November with base disaster preparedness. The rotations were a rewarding challenge."



SSgt. Jamison Horn

507th Logistics Support Squadron

"We went to Moron, Spain as part of a first AEF rotation. We worked really hard setting up vehicle support operations. We had a great time over there."

What many women do not know about their health

By Maj. Cheyn Onarecker

Chief of Aerospace Medicine, 507th Medical Squadron

Although more attention is being paid these days to women's health, a woman's most dangerous health risk is frequently overlooked. Popular magazines and television talk shows promote the latest weight loss methods and vegetable juicers. Much of any serious discussion focuses on breast cancer. After all, one woman in 25 will die of breast cancer and tremendous fear is associated with the risk of this disease. With the emphasis on breast cancer, however, most women do not consider heart disease a danger. A 1995 Gallup poll found that 80 percent of women did not know that heart disease is the number one cause of death in women in the U.S. In fact, almost half of all women in this country will die of heart disease or stroke more than from all cancers combined. Unfortunately, women do not typically experience the classic symptoms of coronary heart disease.

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Instead of feeling a crushing type of pain in the center of her chest, a woman may develop shortness of breath or nausea. Also, physicians may not be as quick to recognize heart disease in women. The same 1995 Gallup poll also found over 30 percent of primary care physicians did not know that heart disease was the number one killer of women. By following a few simple guidelines, though, most women can significantly reduce their risk of developing heart disease:

- regularly check your blood pressure and work closely with your doctor to keep your pressure in the normal range.
- choose a lifestyle filled with regular aerobic activities and a diet low in saturated fats and high in fruits and vegetables.
- if you smoke, STOP!
- find creative ways to cope with stress and learn to relax.
- do not ignore symptoms such as nausea, sweating, and shortness of breath.
- talk openly with your doctor about your risk of heart disease.

On-final

"Readiness Is OUR Number One Priority"



Two first sergeant openings

CMSgt. Robert Kellington, 507th Command Chief Master Sergeant, is accepting applications for two squadron first sergeant positions, one with the 513th Maintenance Squadron and the other in the 507th Security Forces Squadron.

The listings below are the minimum qualifications and requirements for application per AFI 36-2113, AFMAN 36-8001, and the 507th SEA criteria:

1. Must be a volunteer for the first sergeant position.
2. A letter of recommendation from present supervisor endorsed by your commander or first sergeant if commander not available.
3. Resume citing education (military and civilian), community involvement, self-improvement, leadership and managerial skills.
4. Be a MSgt. (E-7) or be eligible for promotion to MSgt.
5. Possess an AFSC at the 7-skill level.
6. Be a high school graduate or GED equivalent.
7. Have completed the NCO Academy (residence or correspondence).
8. Possess a minimum aptitude score of 45 ADMIN or 58 GENERAL.
9. Ability to speak distinctly.
10. Be financially stable.
11. Meet minimum weight and body fat standards. Overall image should exceed minimum standards.
12. Selectee must attend AFRES First Sergeant Academy at earliest possible date, but no later than one year from date of assignment.
13. Meet a first sergeants review/interview board made up of selecting unit commander, Command Chief Master Sergeant, one unit first sergeant, and one senior NCO. Board members should not be assigned to the same unit as the applicant.
14. Applications must be turned into

the 507th Military Personnel Flight prior to 3 p.m. April 28. Board to meet in May.

For more information, call CMSgt. Robert Kellington at Ext. 4-6379.

Garage / Rummage Sale May UTA

The Enlisted Advisory Council is hosting a Garage/Rummage Sale during the May UTA on campus.

Donations for this event are being accepted by your squadron's Enlisted Advisory Council (EAC) representative.

Funds raised will be used to help support numerous EAC, 507th ARW and 513th ACG activities.

Remember one person's junk is another person's treasure. Hope to see you there.

Mandatory travel card date changed to May 1

WASHINGTON (AFPN) — Service members and Defense Department civilians now have until May 1 before use of the government travel credit card is mandatory, DoD officials said March 3. DoD is one of a number of agencies given two extra months to implement the program, said Nelson Toye, DoD's deputy chief financial officer. William J. Lynn, undersecretary of defense (comptroller), signed the memorandum announcing the extension March 1. "Within DoD the primary reason for the delay is that we were so late receiving the guidance," Mr. Toye said. "Our components came back to us and asked for an extension. When we applied to the General Services Administration they were willing to grant it."

As of May 1, Air Force members must add a new government travel card to the list of mandatory items they take when traveling on duty.

CPR instructors needed

A two day CPR Instructor Course will be held at the 507th Medical Squadron on Saturday, Apr. 1, and Sunday, Apr. 2, UTA.

Future classes will also be offered.

The class will begin at 0800 hours on

both days in Room T-35, Mental Health Conference Room. New instructors must be current in BLS Healthcare Provider to attend the class. Registered instructors may attend the class to re-register if current status is nearing expiration. Anyone interested in becoming an instructor may attend a BLS Healthcare Provider Class which is a prerequisite for instructor status. These classes are held each Sunday of the UTA at the medical squadron. Unit Training Managers may email the names of the attendees to SMSgt. Hiroko Yates or call her at Ext. 4-4445 for more information.

Blood Drive this UTA

There will be a BLOOD DRIVE during the April UTA, April 1-2 at 1200-1600 on Saturday and 1000-1400 hours on Sunday. The BLOODMOBILE will be fully staffed and parked out front of the H.Q. building, Bldg 1043.

Commanders and first sergeants are asked to spread the word and keep in mind that the 2-hour "VAMPIRE PASS" is still alive and well. This pass, once you have given blood, is good for leaving two hours early on a day that you and your supervisor agree upon during a UTA.

Help unit recruiters by giving them a name, or contact them directly by calling any of the following numbers:

Lawton, OK TSgt. Nathan Bickle (580) 357-2784	Tinker AFB, OK MSgt. Danny Bretthorst (405) 734-5331 MSgt. Larry Wheatley TSgt. Rhonda Nolan (405) 739-2980
Tulsa, OK TSgt. Bill Thompson (918) 665-2300	
Sheppard AFB, TX MSgt. Michael Tubbs (940) 676-3382	Midwest City, OK TSgt. Pam Peterson SSgt. Mike Gonzales (405) 733-9403
Altus AFB, OK MSgt. Ronald J. Salafia (In-Service Recruiter) (580) 481-5123	
Vance AFB, OK MSgt. David McCormick (316) 652-3766	
McConnell AFB, KS MSgt. David McCormick (In-Service Recruiter) (316) 652-3766 VACANT (316) 652-4350	

